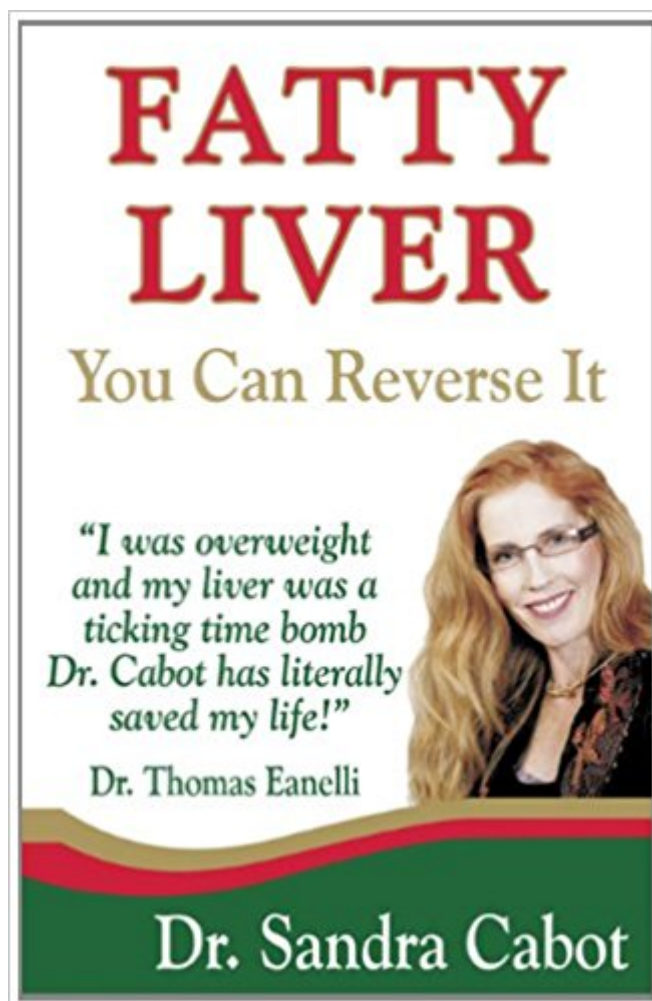


The book was found

Fatty Liver: You Can Reverse It



Synopsis

This handbook examines the most common type of liver disease-fatty liver-and offers a comprehensive plan to reverse the condition and restore health. In addition to providing an extensive overview of the disease, its causes, and tools for diagnosing and determining the level of severity, the reference features a step-by-step path for healing. Among the information provided for those seeking to eradicate this disease, and reduce the incidence of blood clots, cancer, diabetes, heart attacks, and weight gain, is a description of basic dietary principles and natural therapies to heal damaged and fatty liver cells. An extensive personal essay-Confessions of a Fat Man by Thomas Fanelli MD-reveals a true-life example of one person's emotional battle with food addiction and fatty liver disease. In this chronicle, Fanelli documents how the book helped turn his health around and details his psychological and emotional strategy-the 10 Ps-to help control food addiction and other addictions that cause damage to the liver.

Book Information

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Customer Reviews

Sandra Cabot is the medical and executive director of the Australian National Health Advisory Service. She graduated with honors in medicine and surgery from the University of Adelaide in South Australia in 1975. As part of her extracurricular medical training, she studied herbal medicine and nutritional medicine. Dr. Cabot began her medical career in 1980 as an obstetrician-gynecologist and practiced in Sydney Australia. During the mid 1980s she spent considerable time working as a volunteer doctor at the Leyman hospital, which was the largest

missionary hospital in India. Her first book, titled Women's Health, was an authoritative holistic health guide. Subsequently she wrote several more groundbreaking books including The Liver Cleansing Diet, which has sold well over two million copies worldwide. She has written twenty-two other health titles.

Enjoyed reading good informational understanding what is happening with your liver. I have Gilbert's Syndrome and, at times, my liver gets enlarged. This book tells you what you can do to restore back to some normalcy.

It has lots of marketing, and the info for you to gather the stuff, but makes it intentionally difficult to do so with out buying the marketed products. It is marketing and imho should not cost much for that reason.

Great book that tells you diet changes that you need to make to reverse a fatty liver. I highly recommend this book.

Excellent book. Anyone with a fatty liver can really benefit from this book. Great advice!

Should be classified as an autobiography/recipe book. Skip this and go straight to Dr. Cabot's little green book for help.

Excellent starting point.Wonderful value.

Good information and easy to understand for a lay person (non medical)

There was not enough written on medical information or research. A lot of personal filler instead. Recipess were not designated for the diversity of the symptoms of the patients, although briefly mentioned in the general reading. I expected more help from this author considering the ratings she has. It seems she is more interested in advertising/ promoting all her products in so many maladies and getting paid royalties for abbreviated books in the process. The co author was a very interesting, charming note. But I offered no additional stars for his charismatic rhetoric.

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The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to

Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Fatty Liver: The Ultimate Step-by-Step Guide To Understanding and Reversing Fatty Liver Disease (Liver Cleanse, Nutrition, Liver Cleanse, Healthy Living, Revitalise Health, Detox Body, Weight) The Liver Cleanse and Detox Diet: Ultimate Liver Cleansing Guide to stay Healthy and Lose Weight! (fatty liver, healthy diet detox, liver disease, cleanse ... fat loss, detox diets, healthy cooking,) Fatty Liver Cookbook & Diet Guide: 85 Most Powerful Recipes to Avert Fatty Liver & Lose Weight Fast Non Alcoholic Fatty Liver Disease Liver Cleanse Diet & Recipes: because a happier liver makes a happier life. Skinny Liver: A Proven Program to Prevent and Reverse the New Silent Epidemic;Fatty Liver Disease Fatty Liver: You Can Reverse It PLD Diet The Liver: An Alkaline Diet Geared to Liver Health of a PLD Polycystic Liver Disease Happy Liver: How You Can Improve Your Liver's Function for Optimal Health and Beauty Is It Leaky Gut or Leaky Gut Syndrome: Clean Gut, Allergies, Fatty Liver, Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, ... & More (Digestive Wellness) (Volume 2) Natural Fatty Liver Cure: A Guide To Managing And Preventing This Lifestyle Condition. Nonalcoholic Fatty Liver Disease e chart: Full illustrated A Simple Guide To Non-Alcoholic Fatty Liver, Diagnosis, Treatment And Related Conditions (A Simple Guide to Medical Conditions) Alcoholic and Non-Alcoholic Fatty Liver Disease: Bench to Bedside IS IT LEAKY GUT OR LEAKY GUT SYNDROME: Clean Gut, Allergies, Fatty Liver, Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, Psoriasis, Diabetes, ... & More (Digestive Wellness Book 2) Healing Hepatitis & Liver Disease Naturally: Detoxification. Liver gallbladder flush. Alternative remedies for hepatitis C. Heal Hepatitis B with natural ... remedies. Stop cirrhotic progression Possible Miracle: A Caregiver's Experience Coping with Her Husband's Struggle Through Pancreatic Cancer, Liver Disease and a Liver Transplant A Possible Miracle: A Caregiver's Experience Coping With Her Husband's Struggle Through Pancreatic Cancer, Liver Disease and a Liver Transplace The Gift: Our Journey Through Liver Failure And Liver Transplant

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